

## **Money Consciousness Play Book**

### **Make A Commitment In Your Mind**

- 1.) Write down the exact amount of money you desire. No arbitrary values allowed...you have to be specific about the dollar value.
- 2.) Write down what you intend to give in exchange for the money you desire
- 3.) Write down the date you'll possess the money
- 4.) Write down a plan for pursuing your desire, and put it into action. Now. Whether you're ready or not.
- 5.) Begin executing your plan
- 6.) Read steps 1-5 out loud to yourself when you get up in the morning, and before you go to bed at night. SEE, BELIEVE, KNOW, AND FEEL YOURSELF AS ALREADY HAVING THE MONEY IN YOUR BANK ACCOUNT WHILE YOU'RE READING.

*\*Your plan doesn't have to be hard work, and requires no sacrifice.*

### **Keep a Journal to Stimulate your Imagination**

- 1.) Write down 3 amazing things that happen to you every day (and if three amazing things don't happen, make something up about what happened to create the money that is coming to you)
- 2.) Write down 10 ideas every day - choose any topic, and come up with ideas
- 3.) Do something fun every day (even if it's as simple as making somebody laugh)